

Late Winter Programs For Families

Douglas County
Parenting Coalition

2019



Free Programs for Families



THE FULL NEST

One day your life is a whirlwind of school events, team sports, carpooling, and documenting a high schooler's special moments. Then, suddenly, you find your footsteps echoing in an empty house. Leaving home is a huge milestone for both parents and children. It comes with a sense of loss but also a sense of great possibility. Welcome to the next step of your parenting journey. Prepare to meet a new friend—your adult child.

February 5
6:00 pm
Dinner Served
Parker Library Event Space
FREE



THIRTEEN REASONS WHY You Should Talk with Your Child (Your Parent) About the Unspeakable For ages 13+ And Parents

There are many thorny topics we would all just as soon avoid...suicide, dating violence, bullying, sexual orientation, drinking and drugs, peer pressure, and so much more. These conversations are stressful! It's hard to get started and easy to shut down communications. In this program parents and teens will learn how to start, cultivate, and follow up on conversations. Participants will learn how to create sanctuary spaces. We will be practicing hard conversations--but no worries-- we will practice with *other* people's parents and kids!

Join us for this free dinner program on January 21 in Greenwood Village. It is Martin Luther King Day so there is no school. We are hoping those parents who have to work can take off just a bit early to join us.

January 21
4pm (Martin Luther King Day—no school)
Dinner Served
Reservation Required to dcparenting@usa.com

TALKING WITH TWEEN GIRLS



Balanced on the cusp between child and teen, 9-12 year-olds are working hard to find their place in the world. Social media, peer pressure, bullying, and negative images make parent-child communication more important than ever.

Debi Racanelli, author of *Between Baby Dolls and Boyfriends*, has advice for parents on talking to girls about their friendships, goals, dreams, and even how to have “The Talk.”

March 21

7:00pm

Lone Tree Library

RSVP required to dcparenting@usa.com



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COMING APRIL, 2019

Making The Grade: Replicating the benefits of home ownership for kids in rental homes

A Civic Conversation

Research indicates that indicators of child well-being and success in school are higher for children of families that own their own home. How can we replicate those benefits for children living in the many new rental complexes that have sprung up in Douglas County? Educators, municipal and county governments, city planners, real estate developers, property managers, renters, and other stakeholders are invited to this one-day conference. Lunch will be served.

Please contact dcparenting@usa.com if you would like an invitation to this conference.